

We are excited to offer a special session on coping with your workload. In particular to help people stand back from their portfolio, get clearer on the results they want and assess how best to get them. Bearing in mind that sometimes we get in our own way!

This open enrolment session has a very attractive price. \$199 plus HST. Even better, there is an early bird price until **May 6, 2016** of just **\$99 plus HST**.

Intended Audience

- Directors, Managers and Team Leaders in organizations whose to-do list is too long and perhaps overwhelming
- Others in organizations who are unclear about setting their priorities or what matters to them most in their jobs
- Anyone who wants to figure out how to produce results with more ease.

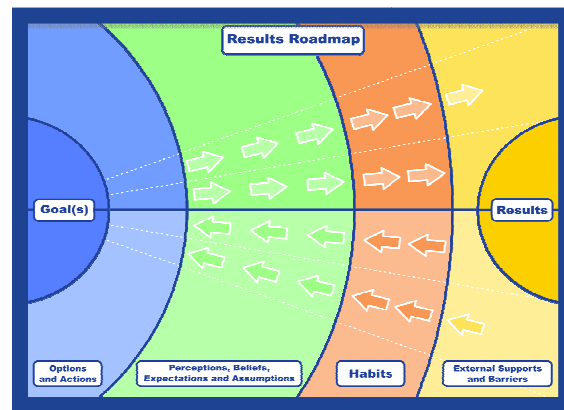
Learning Objectives

This session focuses on outcomes, uses key questions, discussion and reflection to achieve clarity and commitment to action.

Furthermore we'll be using a practical technique to assemble and sort information called the Results RoadMap™. We believe the Roadmap process to be enormously powerful for individuals, teams and organizations to define and commit to the right actions in the face of complexity.

On completion of the workshop, participants will be able to:

- Clarify their expected deliverables by articulating a result, and distinguishing this result from related goals and actions
- See how their BEAPs – beliefs, expectations, assumptions, perceptions - can derail their efforts or support them
- Use effective coaching questions and develop their own critical path to the result
- Develop a roadmap for obtaining better results with more ease
- Recognize and reframe potentially limiting beliefs
- Develop an agile plan that imbeds the PDCA (plan-do-check-act) cycle to get the result



What participants say

"The content and delivery of this workshop has the potential to be life-changing. If you want to begin using simple and obvious tools that will immediately enhance your effectiveness in any situation, you should attend. Best investment of 7 hours ever!" Non Profit, Manager of HR

"NRRI was highly effective in facilitating a program that can be implemented effectively and easily and will lead to direct results for my organization."




"Enjoyed the day. Found help to combine my work and personal life. Worth every minute."

" Wonderful Experience. I can take the skills I have learned and transfer them to my work life."

Workshop Flow

AM	Introduction	<ul style="list-style-type: none"> • The facilitators • Outline agenda and expectations
	New context for leaders	<ul style="list-style-type: none"> • What's going on in our world today • What results do YOU really want ? • What is your usual system for getting results ?
	Clarifying Results	<ul style="list-style-type: none"> • Two related but different concepts-Results vs Goals
	Coaching Questions	<ul style="list-style-type: none"> • Understanding your BEAPs (Beliefs, Expectations, Assumptions and Perceptions) • Seeing the part that habits play
PM	Creating the Map	<ul style="list-style-type: none"> • Recognizing under-utilized supports • Identifying unintentional saboteurs • Reframing your thinking to find your path through the maze
	Creating the Plan	<ul style="list-style-type: none"> • Advantages of being Agile • Appreciating our Agility • Finding the right opportunity to carry us forward • Defining the simple PDCA cycle for you

Your Facilitators

<p>France Cloutier, CPA, CA, MSOD</p>  <p><i>Who is she?</i> A coach and facilitator who specializes in helping people see what needs to change <i>Highlights</i> Started her career as an accountant but found it just didn't add up for her as much as helping people make change <i>What you can expect</i> Easy going style that makes difficult topics seem easy to talk about www.cloutierconsultinginc.com</p>	<p>Tom Barker, PhD</p>  <p><i>Who is he?</i> A coach and facilitator who specializes in helping people to define and implement change to achieve their vision/strategy <i>Highlights</i> A mathematician's mind who can quickly make sense of complexity and bring issues down to their essence <i>What you can expect</i> English humour, the one who will show you pragmatic options for moving forward www.processdesign.ca</p>	<p>Anne T. Roberts, HBSC</p>  <p><i>Who is she?</i> A coach and facilitator who specializes in leadership development through action <i>Highlights</i> Once did "Improv" at Second City which led to becoming a quick thinking facilitator and a friend in the room that can help you laugh at challenges <i>What you can expect</i> Poses the key question and leaves it hanging and hanging.... www.leadershipwithin.ca</p>
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